THOUGHT, FORM & CREATIVE IMAGINATION



HT Hamblin taught extensively on the impact of our thought on our everyday lives. These five profound points of wisdom are explained in practical terms.

1.) An ideal constantly held before our creative imagination is gradually brought into expression in concrete form.

- All of us have things we want to acquire or achieve from time to time, whether that is a new job, a new car, a new career or perhaps good health.
- We create in proportion to our power of creative imagination. First in the unseen, then in the seen; this is the Law of the Universe. First the image is formed in the mind – a vivid picture of what is to be – and it is held there continually until the thing created begins to manifest.
- It is necessary to live in the consciousness of it, and to think and act and to give thanks to the universe as though what we want is already ours. Not to spend money that we cannot afford to spend, nor to incur debt, but to live mentally in an atmosphere of abundant supply, knowing that the universe wants us to be well and happy. We have to remember that a change in consciousness must take place first and become well-established, before its effects can be seen to manifest.
- 2.) Opportunities are attracted to us; whatever things are required come our way.
 - Fear and over-carefulness drive away success: it is faith and trust in the workings of spiritual laws and knowing that the universe wants us to be well and happy, that draw to us the Infinite Supply.
 - It may take some time for the blessing to manifest, but if you keep on visualising, raising your thinking and feeling the joy, and continually giving thanks for a far greater blessing than you could imagine possible, the answer will come, and your life will be filled with plenty and good.

3.) Without strain or worry, but through quiet industry and steady application, what we hold in our mind becomes an accomplished fact.

• Striving, effort and will-power are not necessary, what is needed is more understanding and wisdom, to cultivate a restful attitude and, through raising our thinking and regular attunement through prayer and meditation, to allow perfect manifestation in accordance with universal law.

4.) Holding an ideal in the mind sets invisible powers into action – powers that are greater than any difficulty, no matter how formidable it may be.

• One who desires to succeed must work in the unseen, and there create the success which will later manifest in the outward life. It is necessary to spend a few minutes alone, night and morning in prayer and meditation, in a place where you will not be disturbed. The more time spent in this manner, allowing the power and mind of the universe to guide and manifest, the more success you will experience.

5.) The chief value of thought-control lies in the aid it gives to spiritual attainment.

- A spiritually minded person is not spiritually minded by accident, or through drifting with the current, but through a continual turning of the thoughts toward God, the universe, or our highest conception of life.
- We are not right-thinkers when we are born, for right-thinking is only possible to those who acquire it through self-discipline and constant practice.

Extracts from the Science of Thought Review by HT Hamblin

Each one of these teachings from HT Hamblin can be used as the focal point for meditation.

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We have regular inspirational events, workshops and activities, live and recorded meditations, and blog posts, all designed to empower practical spirituality in everyday life.

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