

THE HAMBLIN VISION

PRACTICAL *Spirituality*

God (The Universe/Life wants us to be well and happy

To live a spiritual life is to be free indeed. Free from disease and ill-health, free from care, worry, fear and unhappiness, free from poverty and lack of every description. It is natural for life to be harmonious, orderly and beautiful. We do not have to create these states by huge effort; they are the natural order, which will manifest as soon as we cease to distort life.

People make their life difficult for themselves through ignorance of the laws which govern their being, through a wrong use of their imagination, wrong thinking and wrong emotions, wrong desires, and through focusing their powers and attentions upon the wrong objects.



To become more spiritual, it is necessary to be mindful of your thinking.

Thought is a spiritual power. By thought, man can either raise himself up and connect himself with the "Powerhouse" of the Universe or cut himself off entirely from the Divine Inflow. All thinking that is not in harmony with Eternal and Absolute Truth finds expression in our life in disorder of various kinds such as loss, lack, illness, unhappiness, discord and misery of various kinds.

Thought is the ladder between earth and heaven (spiritual consciousness) and we possess the power of choice as to which thoughts we shall think. We have been given free will, and we have to make our choice. We can, if we will, think of heavenly things, or we can think of debasing things. The former draws us nearer and nearer to our Divine Centre, the realm of harmony, good, and every happiness.



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We need to learn from life.

Whatever may be the cause of the experiences of life, be they light or dark, they are in fact a great privilege. We should work through them and learn as much as possible from them, they give us not only the opportunity to grow, but the opportunity to find God in every event and circumstance. The most ordinary experiences become spiritual initiations.



We need to spiritualize our aspirations.

The Path of Wisdom is that of love and service. Love to the Whole and service to the Whole. This restores Spiritual Harmony. It is impossible to be well and happy or to advance in the spiritual life without service and work and practical contact with the external world.



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**We need to get back to
our spiritual source..**

We can help matters considerably by trying to think positive thoughts in place of negative, but it is possible for a person to be a positive thinker and still be out of harmony with the inner Truth of the universe. It is possible to use mind forces and the power of thought to one's own undoing if we work selfishly and in a sense of separateness.

To find the guidance we need, it is necessary for us to make a regular practice of entering the inner stillness of the Presence of God, or Silence of the Soul, or whatever we may like to call it. By setting a regular time each day for this seeking after God, we learn to enter this wonderful stillness which is the Centre of the universe. This is the realm of Infinite Power, Infinite Wisdom, and Infinite Love.

Through regular prayer or meditation, our spiritual life grows and flourishes; but if we neglect this daily communion with God, our spiritual life dies a natural death.



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