

START AT THE CENTRE



Introduction

At the centre of things is a perfect divine order. There is only one centre, creator or source of life. From this source life proceeds in perfect rhythm, harmony and order. The disorders in our lives come from being out of tune with the divine order – not working in harmony with that which is for ever good, beautiful and true. In spite of this, the perfect order of the spirit still proceeds. It always IS. We do not have to create order; we have only to get into harmony with that which already is, always has been, and forever will be. In other words, we have to get back to our centre, and get into harmony with that perfect and beautiful order, which is reality.

The Dangers of Mind Power

The thinking mind must be exercised with caution - if we use the power of thought selfishly, in a sense of separateness, we may actually create disorder. The powers of mind are greater than those of high explosives, and the knowledge of mind-forces in the wrong hands can be dangerous. The world is flooded with books and magazines on mind power, and many people are using these powers destructively. If, however, an endeavour is made to use mind forces unselfishly, and in love, for the benefit of the whole, good will result. All attempts at putting the world right by means of mind forces are limited, although to try to help in this way is a step in the right direction.

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If we seek and find our centre, our divine source, then everything in our life falls into place, naturally and without effort. It does not matter how hopeless our life may appear to be, nor how complicated our troubles and entanglements; as soon as we get back to our centre – the one source of life – divine harmony begins its beautiful “clearing up” process, which sooner or later manifests outwardly in the form of order, harmonious adjustment and what we call good. Infinite Mind experiences no difficulty at all unravelling the tangles of our life, which seems impossible to our finite mind.

Getting Back to our Centre

The object of this teaching is to help you find your divine centre, after which harmony manifests in the life, with certainty and without any planning or worrying on your part. Thought is the ladder between earth and heaven, and between earth and hell. We possess the power of choice as to which thoughts we think. We have been given free will, and we have to make our choice. We can, if we will, think in harmony with the divine order, or we can think out of harmony with it. The former draws us nearer and nearer to our divine centre, the realm of harmony, good, and every possible delight and happiness; the latter drags us farther and farther away from our divine centre, down to that plane of anguish and disorder, or state of consciousness that we call hell. By continually raising our thoughts to the higher spiritual plane, the spiritual part of us is brought into contact with the resources of Infinite Spirit, and we become attuned to harmony and order.

The Secret of True Prayer

True prayer is not merely the repeating of certain phrases or sentences. It is the lifting of the heart to the higher spiritual plane (not the astral plane) where the inner presence of God is always to be found. True prayer is finding the peace and harmony of the inner spiritual reality - a quiet repose in the eternal peace of the infinite.

The Perfect Peace of the Eternal

By directing our thoughts towards God – the spiritual centre both of ourselves and the universe – we find the perfect peace of the eternal. In this stillness is infinite power and wholeness, beauty, perfection, health, achievement and happiness beyond description. This is not all revealed to us at once, but by degrees, as we are ready for it. If our aspirations, will, desires and thoughts are directed God-wards, and if we try to live a pure and unselfish life, we make safe, steady and methodical progress towards the richer and fuller life of the spirit.

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Regular Practice

It is necessary for us to make a regular practice of entering the inner stillness of the presence of God, or silence of the soul, or whatever we may like to call it. By setting aside a regular time each day for this seeking after God, we learn to enter this wonderful stillness which is the centre of the universe. This is the realm of infinite power, infinite wisdom, infinite love. At such times all thoughts concerning exterior things must be gently but firmly put aside. After a time, if we persevere, we become conscious of the presence of God, and enter the inner world of power. This is not only the secret of all spiritual attainment: it is also the means whereby all disorder, trouble and disharmony in the external life can be modified or removed. Disorder in life is dissolved through coming into touch with the source of all order. This is not magic: it is the secret of all prayer and true religion all down the ages.

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Note: The original material for this article was sourced from Simple Talks on Science of Thought No. 3, by HT Hamblin, mystic, writer, and successful businessman. The text has been adapted in places to make it more accessible to a modern audience. The principles contained in the teachings remain as relevant today as they were when they were reaching thousands of his followers around the world until his death in 1958.